

LEAVE ME ALONE

NR. 4

zine



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NO RACISM
NO NATIONALISM
NO HOMOPHOBIA
NO SEXISM

LET'S KEEP OUR SCENE CLEAN



thrashsylvania.blogspot.com



talking to GREG BENNICK

Professional speaker, documentary producer, writer and singer for the bands TRIAL and BETWEEN EARTH & SKY, Greg Bennick is by far one of the most influential figures in hardcore in the past 15 years, and he was nice enough to take some time off his busy schedule to answer some questions for us.

" Hey Greg, thank you for your time, I know you have a very busy schedule. Let's get straight to the point.

1. It's been more than 15 years since Trial started, how do you see yourself now? How much did you and the band change in these years?



GREG: I see myself largely the same as I did when the band was really picking up speed. There was a definite shift in the band between the sort of pre-Trial line up with the first two records, where the personnel of the band and the songs we were creating were simply hardcore songs with intent of communicating potent feelings and ideas, and then the "Are These Our Lives?" era when the lineup solidified and the songs got way more intense and powerful. Three members quit permanently to play metal instead of hardcore, and that left Timm and I able to find people who wanted to take the band to another level communicatively. Of course that all changed in 2009 with the death of Brian Redman our beloved bassist, and it was only in the last few months that we've found our stride again in terms of feeling connected to one another once again as a group and about the ideas and feelings we're sharing.

2. You took a long break and then played just a few shows for almost ten years, but now you are back with a month long European tour. Was it hard for you to get back on the road?

GREG: It wasn't difficult to get back out and play shows again, with the exception of overcoming the immense hurdle that was the loss of Brian from our lives. We all had an agreement after the first show back at Rainfest: if it hurt too much, the band was over forever. And it hurt a lot. Playing without Brian was completely upsetting, but at the same time, the passion brought to the band by new bassist Roger Kilburn and the fun, intelligence, and craziness he exudes offstage mirrored at least for me the essence of what we'd lost with Brian. Of course Brian could never be replaced, but the feeling that we have now isn't night and day different from what we had before. Its just different, but its a "different" that feels good in its own right.

3. How was the tour with Anchor and Run With The Hunted?

GREG: The tour with Anchor and Run with the Hunted was one of the greatest experiences of my life. Thirty shows in total, with four on our own in Ukraine and Russia, and all potent in one way or another. There is video of the first song from the Ukraine show here: <http://tinyurl.com/trialukraine>. I am writing a book about the tour right now and am about 50 pages into it.



It will come out on Words As Weapons which is a website I started fifteen years ago and have done little with. I will post updates at wordsasweapons.com. All profits from the book will benefit One Hundred For Haiti (<http://www.onehundredforhaiti.org>)



4. How do you see the European scene compared to the one in the US?

GREG: They are structurally and functionally the same, especially in the west of Europe, where the hardcore scene has basically the same feel and look as the United States. It feels like a carbon copy at times, which is very strange, especially in a subculture that values individuality. The scene differences really begin to show in the east. In Ukraine and Russia and Macedonia, Bulgaria, Romania, and places like that, there is a sense of the hardcore scene being completely about passion and heart. It shows in the variety of people at the shows, the way people dance and move, and the way they connect after the shows. They don't seem to take anything for granted.

5. Trial remains one of the more "political" bands in hardcore. How do you see the relation between hardcore and politics now that most bands tend to be less radical in their ideas?

GREG: I see it this way: hardcore will not save you, it is not the end of the revolution, and in fact is only the beginning, or at most one "voice" of a collective of revolutionary thinking / response to the world...but none of that means that a better alternative is to be apolitical. Hardcore and politics or at the very least hardcore and social awareness and critique go together hand in hand. Bands with nothing to say in hardcore are wasting their listener's time. They would be better suited to play less beats per minute, start dressing better, and try to make it as radio rock bands and save us all the time spent hoping for more from them. And it doesn't have to be "radical", as long as it has ideas and meaning behind it. Anything other than just screaming for the sake of screaming.

6. Animal rights was a big topic in hardcore in the 90s. Is it still relevant for you as a band?

GREG: Animal rights was never a primary topic for Trial. When we formed, there were many bands doing it better, meaning covering that topic in such detail, that the world didn't need another Earth Crisis doing the same thing. Our song "Cycle of Cruelty" was about human rights, but it touched on the rights of all things to live and exist in the world. We support the SHAC campaign to shut down Huntingdon Life Sciences, and those who have been wrongfully imprisoned during it. The ideals are important to us, even if we don't sing about them directly in our lyrics. More important is the idea of constantly adapting and changing tactically in the face of political or social struggle, which is what the song "War By Other Means" is about.

7. You've pointed out that the most important thing is to take these ideals outside the concert room and into our everyday life. Do you think that this scene has the potential to be a real force of change? Do you sometimes feel like you're preaching to the choir?

GREG: Hardcore is ALWAYS a real force of change as long as people connect to it, understand it, and feel it. The passion in hardcore is a passion that is often rare in day to day life outside of this type of music. So when we bring that passion to the world we have the potential to change lives if we are willing to take on the challenge that this immense responsibility presents.

There are always people willing to hear new ideas in new ways or old ideas with new ears. And for that reason, the 'preaching to the choir' critique that people often toss around doesn't have any weight behind it. It's an easy excuse for people who aren't creative with their words and ideas: "Oh...sharing ideas in hardcore is just preaching to the choir". That should be translated as "I am too uncreative to think of ideas on my own and I don't want to copy what (insert person/band here) says, so I will instead just pretend that to speak out is just a waste of time." People who bring this specific critique should be ignored.

8. You got involved with the Hardcore Help Foundation, can you tell us more about that?



ONE HUNDRED FOR HAITI
WWW.ONEHUNDREDFORHAITI.ORG

GREG: Absolutely...HHF were the promoters and sponsors for the first Trial show of the tour in Monchengladbach Germany. They are an incredible group of people who have decided to harness the power of hardcore to help people in need by doing a series of benefit shows and different fundraisers and then applying the money they raise to different projects around the world. They will be working with One Hundred For Haiti and we are honored that they are putting their energy into what we have going on. Everyone should find out more about them and get involved with what they are doing! Especially bands and labels. Find out more at <http://hardcore-help.com/>

9. Your documentary "Flight from Death" deals with the relation between humans and their own mortality. In your other band, Between Earth & Sky, you seem to tackle the same subjects, can you say a few words about it for those who aren't familiar with it?

GREG: Yes...happy to. The basic idea is that humans fear death on a subconscious level and that we use reason and creativity and intellect to try to rationalize our way out of the eventual death that we all face. The problem comes in that we collectively agree on social structures that feel true to us: religion, family, finance, etc...and these things soothe our fears about dying. Its as if something of us will survive even if we ourselves perish. The problem is: what happens when these truths that sustain us come up against contrary truths from another culture or group of people? Its like immortality systems are colliding. Given that our psychological sense of self and our basis for calm come from our truths being "true", when different systems collide, it causes us to want to absorb, destroy, or integrate these other viewpoints. This is what our film is about: <http://www.flightfromdeath.com>.

10. How do you see the world now? Everyone seems to be more or less in the gutter, but things aren't changing that much.

GREG: The world is gorgeous and flawed and constantly in need of adjustment and care. Not everyone is in the gutter. Many are, but many have the resources and energy to help them and to keep them alive and to improve their lives. If things aren't changing that much, change them. Take Haiti for example: I started One Hundred For Haiti because I wanted to see more change. I am .000000001% of the work being done in Haiti and even that estimate is too generous. But its still something. You can do something too. Pick a target and focus on it and get something done for someone else somewhere.



11. What do you think about the recent "Occupy the World" wave of protests?

GREG: Incredible...and picking up steam as we are in the midst of this interview. Rome just exploded a couple weeks ago, and NYC the other night. People are pissed off and rightly so. It's the little things that infuriate, and the big things that demolish our spirit. People have little hope, and the people too poor to even worry about hope are in our sights. The irresponsible of the world are being called to responsibility, as are those who are self-serving and selfish and absorbed in the trivial. These people need to be focused on like targets, and through pinpointed and relentless action, have their world re-adjusted, in my humble opinion. Let's start with stable housing and health care for all. Let's start with corporate accountability

and taxation, or if they refuse, no taxation for the rest of us either. Let's prioritize youth and the elderly so that children can be fed instead of dying hungry, and once fed, educated so that the future is brighter...and in terms of the elderly, let's create lives for them that are not dependent on a trickle of social welfare, but a priority in our society that places them and their experience and wisdom as more important than it currently is: case in point, the fact that so many elderly people are hungry and forgotten socially. Let's consider the effect of nation-state politics and the effect on defense, lack of trust, and subsequent profit. Let's consider capitalism out of control as it is currently and how it will eventually destroy itself and everyone along with it. Overall my hope is that the protests continue to find focus and direction. And the problem is exactly what I demonstrated here with my own multi-issue plan: for the protests to be effective they need a focused point and plan of attack. Attacking too many issues will dilute their strength.

12. Recommend some authors/books that complement the ideals that Trial stands for.

GREG: Everyone should read the original graphic novel for V For Vendetta by Alan Moore, along with A People's History of the United States by Howard Zinn, and anything by Noam Chomsky. I also of course have been a long time fan of, and inspired deeply by, the work of Ernest Becker who wrote The Denial of Death and Escape From Evil among other books. His approach to sociology has been profound for me and has deeply influenced my thinking and lyric writing, especially in Between Earth & Sky.

13. What are your future plans with Trial and Between Earth & Sky?

GREG: For Trial, I think we all would like some time with family, friends, and just to be at home for a month or two or three. After that, I am open to any touring opportunity. As for Between Earth & Sky, we have three songs written for an LP, and will write about fifteen more and then record next year, followed by a Euro/Ukraine/Russian tour hopefully. We'll post updates on facebook and at <http://www.betweenearthandsky.com>.

14. Thank you so much for taking the time to answer to our questions. I hope we get to see you again someday. All the best!

GREG: Thank YOU for the interview and for taking the time to ask me about my thoughts on all these things. People should feel free to be in touch anytime: <http://www.facebook.com/gregbennick>. I look forward to hearing from you."

For more info check out:
www.panicrecords.net
www.hardcore-help.com





talking with...

xJOSHx

Ex singer of TO KILL and current member of the Sea Shepherd Conservation Society, Josh took the time to fill us in to what's happening in the Antarctic, in the war against the whalers

"I first found out about Sea Shepherd at the To Kill show in Cluj Napoca. You were wearing a shirt with Sea Shepherd and I didn't know anything of it so when I got home, I checked it out on the internet and I was amazed..."

1. First off, let's talk about Sea Shepherd. What drove you to basically quit everything for a few months and set sail to the Antarctic Ocean?

Josh: For me since To Kill got together the band was an absolute priority. I was always an activist and a hardcore kid and I really lived my whole life just following these 2 paths. At the beginning of 2010 we decided that to kill would have brake up and as soon as we took this decision I decided to send my application to become a member of sea shepherd. Sea shepherd has always been an organization that I thought it was really important to support. Is the only marine conservation organization that uses direct action as it's tool to achieve it's goals and I think direct action is really nowadays almost the last tool remained to change things. I joined the ship "Steve Irwin" in May 2010 and since then I live on the ship. I left for the first time in august to go visit my friends and family for a few weeks and rejoined after a month.

2. The "No Compromise" Campaign was one of the most successful actions against the whalers. Can you tell us more about your role on the ship and how long did you stay on the ship?



SEA SHEPHERD



Josh: Probably the "No Compromise" Campaign has been the most efficient anti whaling campaign in the southern oceans ever. Every year the Japanese whaling fleet go down in the Antarctic whale sanctuary with a quota of over 1000 whales that they want to kill and last year we managed to save over 800 whales from being slaughtered. It was amazing when actually after a few weeks of engagement and actions they announced that they would have left the

the southern oceans and head back to port cause of our actions. It was like giving us a prize and recognizing all our hard work and sacrifices to save the whales.

My role during the campaign was mainly to be on the small boat and do the actions against the harpoon ships. It was really exciting and really important for me to be actually involved in the action from the small boats. You have no idea of what the feeling could be of just cruising under the bow of a harpoon ship while deploying a prop fouler or throwing some butyric acid. I stayed on board the whole campaign and we were at sea from December 2nd till march 4th if I can remember right.

3. What other actions did you take part in with Sea Shepherd?

Josh: I took part on 4 campaigns so far: 2 campaigns in the Mediterranean Sea to protect blue-fin tuna, 1 Antarctic campaign to protect whales, and 1 Faroes campaign to protect pilot whales from being mercilessly massacred on the beaches of the Faroes Islands. Right now I'm in my cabin and we are sailing down

to Australia to pick up some more crew and head down to Antarctica again as the Japanese whaling fleet announced that they are going to go down again no matter if they keep on losing money.

4. How was life on the "Steve Irwin"? From what I can tell the whole expedition was more or less a cat and mouse game. How did you spend the time when there was no "action"?

Josh: Life on the Steve Irwin is amazing. I can't imagine anything better right now. The people are great, there are also several HC kids and they are really amazing. Exactly the whole campaign consist in finding the factory ship, the "Nishin Maru" once we find it the game is over for them: there is just not going to be any more whaling.

Of course find 4 ships in an ocean is not so easy so there is also a lot of waiting.

On the ship we are never sitting on our asses. Everyone works 8 hours a day doing all sorts of jobs. My department (the deck department) is in charge of maintaining the ship.

I wouldn't trade it for anything else on board. During campaign we prepare all the tactics, all the tools that we need etc. when we are off from work we mostly hang out, play games watch movies play music and stuff like that. I think if your mind is set in the proper way you can really have an amazing time on board.



5. Antarctica is such an amazing place and you are one of the lucky ones who got to experience it, did this experience change you in any way?

Josh: Absolutely! I think for the first time i realized what a really pristine environment is. I've been often in natural reserves or national parks etc but i never really felt isolated from the human race, you never spend too long without finding another human being or traces of it (from the rubbish on the floor to a fence to a trail) or anyway i was always at maximum half a day travel from humans. In Antarctica you can really feel the wilderness around you and i think that motivates me a lot in what i do. I think this is the last untouched place on earth and we should fight so that it stays as more as possible safe from the human impact. I also felt how sometime we forget how strong and powerful nature could be. You can see crazy storms and absolutely unfriendly environment and it feels almost like a way for the planet to say "ok you took everything and you are destroying everything, i will make it impossible for you, man, to take over this last sanctuary".

6. How can anyone get involved with Sea Shepherd, I mean except donating and stuff like that? I know the "Maelstrom" EP was a



benefit for them, but how can a "regular" person get involved?

Josh: There is always ways to get involved. As a "regular person" you can go on the website and just check it out. Informing yourself about what sea shepherd does is a perfect first step and it can be followed by many other steps just as important: making a donations, organizing a fund raiser, organize an on shore group to start a sea shepherd chapter in your area, raising awareness about Sea Shepherd campaigns and try to involve as much as possible people around you about the issue that we fight for. Then as you

said you can get creative. To Kill did a benefit release, people do benefit bake sales, dinners, lectures... just think about what you are great in.



© Sea Shepherd





7. Ok, now let's talk about To Kill. The break-up seemed very sudden. You were one of the most active hardcore bands in Europe and then you called it quits. What happened?

Josh: I guess sometime things just happen and everything soon or later gets to an end. To Kill was and always will be one of the most amazing things i took part to in my life. Hard to say what happened... maybe nothing really happened. It was just the right time. I guess it's really hard to know.

TO KILL



8. You got to tour a lot, even playing in Romania with Bane. What are your fondest moments with the band?

Josh: We played several hundred shows all around the place with to kill and that eastern European tour we did with bane was the proof of what to kill really was for us. Indeed a band but it was also an adventure. It was a living creature almost. I think I can't talk about a moment or another... every single moment in the band was just unique, in the good or the bad ways... anything really was an important part of what To Kill was.

9. Are you still active in the hardcore scene?

Josh: I don't think there is anything in the world as amazing as the hardcore scene. I am and I always will be active in the hardcore scene. Living on a ship it's a little harder to be part of a local group but the amazing thing of hardcore is also that wherever you find yourself around the world at a hardcore show you can find a brother and a sister just as you had back home. On the ship there are several hardcore kids, vegan and straight edge as well and we have our little scene over here, listen to records while we work and make the usual hardcore nerd talks that are al used to do ;) I think hardcore and DIY will always be part of me.

10. How do you see the scene right now? Do you think it still has the potential to spark some change into society or we're just preaching to the choir?

Josh: As I said I am away from the scene since a year and a half. Since I was on the ship though I saw a few shows. I have to say that the shows I saw where shows with a big hardcore energy. I just recently saw Trial in London while the ship was docked in southern UK, and fuck man I think that show is exactly what hardcore means to me and I'm so happy that one of the few shows I saw in the last period was actually Trial.





11. Animal rights and straight edge were some of the main themes in To Kill. How do you see the whole vegan straight edge scene now? I mean I've heard people say that it's just too preachy and people are trying to enforce their own values on others.

Josh: Fuck that! Think sharing ideals is vital for our scene and even more important for ourselves. If we don't exchange ideas we are just going to become zombies. It doesn't matter what the ideas your are spreading, just spread them and confront with the people around you. Beside this which is a more generic thing, I think that the world is going fucked and we are the reason for that, therefore I think that you can call it preaching I can call it telling you my point of views, at the

end of the day I just hope you will actually think about these kind of issues. I think it's important that animal rights environment and straight edge ideals will burn inside the hardcore scene, as it's important that political ideals will still be alive.

About those 2 specific topics I think respect for life it's important and the more the time passes it looks like human and animal life value is completely disappearing in our mind and we are becoming all cold and greedy. All we care is our own wealth or good. Sometime we act like we care but as soon as it requires an effort to support our ideas, those ideas become all of a sudden just too heavy for us. It's important specially to fight for animals as our empathy for animals is almost 0. Modern life turned animals into an object to our minds so fighting to defend them is vital.



I don't know how the straight edge and animal rights scene is now in hardcore, but I fear that there are always less and less bands bringing this issues up. I hope I'm wrong about it and most important I hope that even if there are no bands talking about it, there still are a lot of people caring about it in the scene.

12. What are your thoughts on the whole "tough guy" scene? A lot of people seem to view this as a place to parade their new band shirts and new dance moves and don't really care about the message, sometimes even hurting others in the process.

Josh: I've always been a supporter of being physically involved at a hardcore show and enjoy it in full force, but absolutely against any form of careless violence or tough attitude. I think hardcore scene is no place to show off or to get rid of your frustration with being violent and hurting people. I think hardcore shows should be a bunch of amazing kids being there together exploding with emotions and having fun together singing dancing stage diving and doing all this together.

13. Are you planning on getting back into the music scene at one point?

Josh: For now my life is on board of the ship, but we often talk about making a band on the ship, we have some gear like amps and drums, but nothing serious yet.

I surely miss to be on stage, but it's also all about finding the right people to do it with. To Kill were my friends and family also outside the band I think I need to build a really special connection with someone to make a band.



14. How's the Italian scene right now? Blame It On The Ocean and A Faded Glory will come here soon. Can you recommend other Italian bands?

Josh: Sadly I'm completely out of the loop right now. All I know is what my friends told me which is that the hardcore scene in Italy is not doing too good right now. I always suggest my friends in Jet Market and Strength Approach :)

15. What are your future plans with Sea Shepherd? Are you going on the next expedition?

Josh: Operation "Divine Wind" is underway. We are now sailing to Australia to pick up new crew and then start sailing down to Antarctica. The Bob Barker is already in Australia and the Brigitte Bardot is halfway to get there. It will be a really amazing and intense campaign. Apparently Japan spent something like 27 million dollars in security measures against us... this makes me think that is going to be really intense. After that I don't know what the Steve Irwin will do but I'm not planning of leaving the ship.

16. Thanks a lot for the interview and all the best to you and the rest of the Sea Shepherds.

Josh: Thank you very much I really appreciate it! Go Vegan.



for more info check out:

www.seashepherd.org

ROMANIAN EXCERPTS OF THE UNITED AND STRONG TOURS 2010 AND 2011



2010

13.10.2010 IASI

It's funny how your perception changes. I remember when I've been to Romania for the first time in 2008 thinking 'This is the strangest place I've ever been to' and three years later, coming from Moldova, I think we all had this slight feeling of coming home. Though we had a great time in Ukraine and Moldova spotting the European Flag on the border was somehow a relief. Iasi was basically just around the corner. We had some trouble finding the place as the city center was blocked because of some market. We also shared a wonderful moment driving into a dead end street and the moment we wanted to turn the driver of the car behind us, stopped, left the car and went away, so we were stuck and couldn't move back or forth. 10 Minutes later the police came and cleared the road. Nice. At some point we gave up, called Radu and asked him to pick us up. This actually worked and with his help we found it. As always in those situations we were really close. The venue was a cafe/restaurant and when we arrived people were still sitting and eating. The car was parked 2 minutes away so we had to carry the backline all the way to the venue, downstairs and through a room full of people eating and drinking. There was food and drinks for us, there is nothing better than a good soup for dinner, and this soup was good. There also was another band playing, kind of ska/funk/rockish with a female singer. The combination of the two bands playing that night must have seemed strange but I always enjoy a good mix of music. The show was good, not too many people showed up but we had fun anyways. After the show we stayed to talk and hang out. Later we went to our sleeping place the flat of Bogdan and his Cousin if I remember correctly. Bogdan was a really nice and intelligent guy, we enjoyed his company and of course the food he had prepared. Funny thing, Bogdan had studied in Bergen, Norway and knew the guy who I met while couchsurfing Norway a month before the tour. Anyways, we had a good sleep and left Iasi the next morning. FLO



14.10.2010 CLUJ - NAPoca



The plan was to go first to Mishu's flat where we would eat and rest a bit and later go to the venue. And again we had trouble to find a place even though we had some directions like 'cross the river' and 'besides the arena'. Again we called and again we were picked up in the center. It was nice seeing familiar faces so far away from home. The food was good and we had some chance to rest a bit from the drive. The venue was a big cafe/club thing holding a gay rights film festival, so we had to wait until they screened the last movie until we could unload. Opening for us was Stuck In A Rut, featuring Vlad (Romania's only straight edger), Oana, Mishu and Paul. The good thing was that would also play the remaining show with us so the boring days in the van were finally over! Also there was Raul, the brother of our old Romanian friend Paul. Both brothers look exactly the same and I still doubt that there are two brothers. I really think they are one person and this is all a part of some game! Anyways, we enjoyed his company, the show was crazy and after lots of photos we went back for a good night's sleep. FLO

15.10.2010 BUCHAREST

The drive to Bucharest was long but the company of our friends Stuck In The Rut made it seem shorter. We crossed the Carpathian Mountains again, stopped many times for chocolate bars and other candy, tried to avoid road construction sites as best as we could (which didn't work at all) and somehow made it to Bucharest in one piece. GPA was working and this time we found the venue. First try! It was a nice and cozy rock & roll pub with a small stage downstairs. Finally we met Paul (or Raul?) and he and Christian ventured into hour long face to face discussions about hardcore. Bianca read some book for school, Micha was really sick that day and slowly died in the van, and I just gobbled around. Again the show was really good, lots of people showed up, danced, moshed, circle-pitted,...



At this point I wished that there was more shows to play but only Brasov was left. Right after the show me and Stuck In A Rut went to a Falafel place, which caused an incident because I didn't tell the others where I was going and they had to worry for 7 minutes which seemed to last forever whether I have been eaten alive by street dogs or worse. No writing this a couple months later they still like to tell this story... We slept in the flat of Bianca who made our show in Bucharest 2009, Christian chose the van and had to deal with some more angry street dogs but made it out alive. In the middle of the night Mishu returned from his party trip and managed somehow to slip in without anybody noticing him. Crazy guy! FLO

16.10.2010 BRASOV

Brasov isn't too far from Bucharest so we did some sightseeing before leaving. One thing that really fascinated us was the Palace of the Parliament, the second biggest house in the world! Some pictures later we were off to Brasov. Brasov is a beautiful city in the mountains. I really liked it there two years ago. We went straight to the flat of Adrian where we ate. There were still some hours left so some slept others watched TV. In the evening we went to the pub where we were supposed to play. In my eyes the show was the most intense on the tour. Everything was perfect, the people really seemed to enjoy it, lots of dancing and stage diving, the whole pub was full of bodies and sweat. After the show we went back to Adrian's place. The others went straight to bed while I sat with Iulia, Mishu and another guy drinking and talking for a few hours. This was a nice way ending a tour, but...



...the tour wasn't over quite yet. We had to go to Cluj one more time to return Stuck In The Rut. We left Brasov pretty early to spend some time in Cluj with our friends. We ended up doing some shooting for our "Away from home but never alone"-Video, got some food and, oh I almost forgot, got a tattoo! Mate was working in a tattoo studio in the center so Bianca and I decided to use the opportunity. There a dreamers and doers! And there is also my mum whose opinion on 'getting tattoos in Romania' differs greatly from mine which is a total different story... The time to say goodbye finally came so again, hands were shaken, people were hugged and off we were, heading for Berlin and if there is one sentence to sum up the feeling of going home from tour it would be 'home is where the hate is' FLO



8.10.2011 CLUJ-NAPOCA

2011

Right after the show in Warsaw, 1 o'clock in the morning, we hit the road, rolling south. Shitboy drove and I read the maps. Around 4 o'clock Christian and Bianca took over. The true size of Poland can only be seen if you really once drove from north to south. Around noon we reached Slovakia and cut through the Tatra mountains. In Hungary bad news from our buddies 'The Lines We Cross' from Leipzig reached us. We were supposed to play the next 4 shows with them which never happened. Somewhere in Hungary their van broke down. Diagnosis: defective cylinder head gasket on a Saturday, nothing would happen before Monday. They not only had to cancel their show with us in Cluj but went back to Leipzig the same day, cancelling all their shows. For bands there is nothing worse than to cancel a show because of causes beyond your control. This incident left us with a bad feeling and showed us how vulnerable a band on tour actually is. Nonetheless we continued, now driving through Romania. In the end it was a long and shitty drive. We passed the time eating chocolate bars and analyzing road-kill and believe me, Romania has lots of those. The last 30 minutes Shitboy started talking to his camera and we enjoyed some good Romanian Radio Music, it was pure madness but what else would you expect after a 18hours drive. This was our 4th time in Romania and Cluj is basically the center of our Romania connection. Romania always made us feel a little less far away from home. A random woman gave Bianca some flowers before the show which made a life long dream of Christian come true: To give out flowers to the crowd right before the mosh part. Though not too many people showed up the show was a blast! Fat sound, huge stage, countless circle-pits, stage-dives, 2-steps...the whole package. Questions also seemed to have fun on stage. Coincidentally, two bands from Germany played at the same time at two different locations in Cluj. The attempt to combine the shows failed because Mr. Schenker turned off his cell phone. The band feud United and Strong vs. Scorpions started last year, when it was us, being the first German band playing in Moldova and not the Scorpions who had a show two days after us. They never really recovered from that incident and though we cannot say from our songs that they brought down the iron curtain, there is one thing we can say for sure: Our mosh parts are still harder, and that, my dear Scorpions, is what counts in the end. FLO



11.10.2011 BUCHAREST



From the perspective of a stupid Western European the difference between Moldova and Romania is immense and though we had no trouble with corrupt cops or Russian mafia for us there is always this atmosphere of adventure while touring ex-soviet countries. But this adventure takes an immediate end at the border with the appearance of the flag of the European Union. To be honest crossing the border from west to east out of the European Union is always stressful so the following day would be a holiday for my nerves. Thanks to the 'United And Strong' and Question CDs handed out to the border police the actual process of crossing was no problem at all. The road to Bucharest lead us through the dusty part of Romania, which is completely different to Transylvania. Early in the evening we arrived in Bucharest. Directly in front of the venue lots of people hustled, Kids asked for Euros and the moment i got out some UAS-stickers i lost them to a beggar. Questions had

everything under control, as Brasilians they knew exactly how to handle situations like this. An hour later, our old friend Paul arrived. Paul was the one who brought us to Romania in 2008 for the first time and still supports us every time since then. There was still some time for sightseeing left so Paul took us to the Chauchescu Palace which is the second largest building in the world, (and according to Wikipedia the world's largest and expensive civilian administrative building) So yes, it's fucking big. Again, photos were made and we walked back to the venue. Like last year the show was really good even though not as many people showed up this time. The sad part was that we had to leave Bucharest right after the show to make it to Istanbul in time. Romania, see you next year, hopefully with more shows and more time. CHRISTIAN

COMPLETE DIARIES, PHOTOS AND
VIDEOS OF BOTH TOURS ONLINE SOON ON
WWW.UNITEDANDSTRONG.DE

hipster haircuts & black metal shirts



A while ago I've read this article on CrimethInc. called "Selling Ourselves Out" (you can see for yourself here : <http://www.crimethinc.com/texts/atoz/selling.php>) and I didn't think much of it at the time. To summarize it, it is about how commercialism has made its way into the hardcore scene and how if we're not careful it can corrupt everything that this music/scene stands for. The reason why I didn't think that much about it at the time was not that I didn't agree but because at the time the whole movement here was pretty new and everyone was still excited about a punk show no matter who was playing, and I saw that t-shirt or patch or whatever they were selling as a necessary evil, a way to make that extra money to get from one show to another. It's also one way to support a band that you like. No big problem until now.

But things changed. And they changed big time. It's not the bands fault actually, I know it's cool to talk shit about the "bigger" bands and label anyone who has an audience of more than 15 people and doesn't sing about generic so-called "political" subjects as a sell-out, but I can tell you from personal experience that it's just biased bullshit. Most bands in the hardcore/punk/whatever scene are actually very sincere about their intentions. Of course some may not be as radical as you would want, but they're true to their intentions (there are of course exceptions, but fuck 'em, no point in wasting time or words on them). What changed is the audience. First off the word "audience" shouldn't apply to the hardcore scene, there should be no difference between band and public, everyone should be involved in the show, but the sad truth is more and more people see shows just as a reason to not stay in or as just another party.

It's sad when the first thing people tell you about a band is that they have awesome merch and how cool their vinyls look. It's even more painful when they parade their collection of hardcore memorabilia as if it meant something. But guess what, it doesn't mean shit. When we talk about unity within the hardcore scene, we don't mean we should all have the same uniform. That is meaningless and it goes against everything that hardcore should be. It's about ideals and finding a way to escape the everyday nightmare that a 9 to 5 job has to offer. It's not the only way to do that and there probably are better ways to do it, but this is our escape, so please think twice before you bring your bullshit here.

Of course everyone is welcomed and should get the chance to experience this at its fullest but if you see this as a way to make money or just looking for attention, then this is not the place for you. Go to an indie show or a party or whatever helps with your boredom. I don't mean to offend anyone but to quote the band The Suicide File, "the only thing worse than losing the one thing that you love, is having the one thing that you love turn into everything that you hate".

I know the people that should read this will probably never do it, but still maybe it can offer some insight to a kid that is looking for more than just a fun time and can't afford to buy his favorite band's t-shirt because he saved all his money to get to the show from who knows where.

V.

'We've lost our anger. We've been suppressed. And we can't just hold our breath. Sit back and sing along. Pretend that it's all okay when we know we're wrong. And this is not a call to arms. Just a hope that we might try. To use our heads and open eyes. We have more sense than lies.'

DANGERS - We Have More Sense Than Lies

everyday ~~NORMAL~~ life....



HERE'S YOUR CHEMICAL COCKTAIL, MISS!

I'm certain that you're aware of the fact that you ingest and breathe chemicals every fuckin' day. It wouldn't be surprising that most of you didn't know

what they were unless you were told about them, and it would be sick to take each and google it. Since you can avoid this motherfucker I'm writing about, you should know its name is paraben (a common guest appearance in the ingredients section of 90% of cosmetics).

It's just another preservative and food additive with a.. highly scientific description and it is still being debated whether it's good or not, because they relate it to breast cancer. Naturally, blueberries and cinnamon aaand prunes contain it, but what's produced in the lab, is, obviously, synthetic and usually tested on animals. And they're effective as preservatives, they prevent bacteria, but I, personally, think they are bacteria themselves. The thing is, it's found in stuff that we use daily, like shampoos, antiperspirants, toothpaste, moisturizers, make-up products etc. Relax, I'm not about to advise you not to use them. What parabens do is act like estrogen which, after analysis, has been found in breast cancer tumors; it also affects the secretion of testosterone – not very manly either. It does not cause breast cancer or low sperm count, it just participates silently when you rub your dry skin with perfumed oily shit.

Wikipedia says that "methylparaben applied on the skin may react with UVB leading to increased skin aging and DNA damage". This would mean that if we use anti-skin-aging products containing parabens, which, reacting with UVBs lead to.. skin aging, then it's useless to say this is quite a contraction (haha). And since it is already proven bad, it is avoidable and you have a choice. If you share the opinion that not everything that is extremely expensive, is also qualitative or good for your health, my advice is for you to try paraben-free products. Denmark took a stand in 2010 and banned the cancerous fucker in products destined to kids under the age of 3(it's a start!).

Also, I must remind you that the human body, mysterious to all of us, is capable of secreting or feeding itself with everything that it needs to function almost perfectly. So if you think your skin or you scalp is too dry for example, it is because it has to be, this is the way your body reacts to whatever you expose yourself to.

Products on the market only do harm, giving other impressions with the use of pretty ladies on TV. So, please, take the time to read something about those stealthy ingredients(not only on cosmetics, but on edibles, too) and inform yourself of natural alternatives.

-L.

EXPERIMENT ON YOURSELF!

Speaking of cosmetics...I just wanted to remind everyone that a lot of cosmetics we use daily are the result of animal cruelty.

Even thou in our days, in the European Union, somehow they decided to put an end on animal cruelty when it comes to cosmetics. That's amazing, still, let's not forget that for decades animals have been tortured day by day so that we can smear some paint on our faces, spray our body with perfume, keep our hair shiny and so on. I use all these products and I am aware of this, I don't want to be a hypocrite, but I have pledged that I will do my best not to use these modern life animal torture devices.

As I said previously, the European Union enacted an amendment to it's cosmetics directive which implements a partial ban on the sale anywhere in the European Union of cosmetics and toiletries containing ingredients which have been tested on animals. It's not perfect, of course, we are still living in capitalism. Also, somehow, although we have millions of products to choose from, they still want to invent new crap, such as shinier lip gloss, or fuck knows how it should work magical mascara. Never got why they still do this, I don't believe there is any reasonable explanation for this.

Anyway, if you really do care about the wellbeing of our fellow enslaved animal friends, read the ingredients on the product you are about to buy. Some of them are not tested on animals, indeed, but...it might have the soul of a dead animal in it. I am referring of course to dairy products/byproducts, honey, placenta and no clue what else they managed to find to put in their products so that it's cheaper for them to make and kills animals.

Also, try to keep away from the fancy shit. Even if they are not testing the products in this particular area, remember, they are everywhere. They have factories and laboratories all over the world, and I truly doubt that they all have decided to end this cruelty. As I said, it's still capitalism. So...please try to think a little before you spend your money.

-A.



STOP GAY BASHING!!!

On February 12th 2008, an openly gay 8th grader named Larry King was murdered by his fellow classmate because of his sexual orientation.



This is just the beginning. It starts with laughing at someone, then it's verbal abuse, then it's physical abuse and then it's this 8th grade kid killing his 15 year old gay colleague.

Days before his death, Larry asked his killer to be his Valentine. The boy was so disgusted, so repulsed, so horrified by the idea that a homosexual might be in love with him, so his only reaction to this was to get hold of a gun and shoot the 15 year old in the head. After reading about this case, so many memories were brought back to my head, so many times when I also was bullied for being who I am, when I was threatened by a large number of strangers, when I was made fun of by people I knew absolutely nothing about. I often felt powerless and unable to defend myself as in some cases I was so young I wasn't even aware of the fact that I am gay, I didn't even know the meaning of the word until later on in life and all I knew at that moment of time was that I was different and that being that way was considered wrong. Fortunately, as the years past, I managed to know myself better, I was able to accept my sexual orientation and as a result to be damn proud of this. Some people might know me for being quite sensitive when speaking about this matter, some people know I rarely like to joke about this issue and usually I fucking always get offended by jackasses that use the word GAY every 2 minutes of their miserable lives and also get pissed off by any tanned socialite that automatically thinks my one and true passion is shopping. But why do I react to this in such a manner? Start paying attention to how often being gay is used in the media today, how often gay jokes are used in movies as insults and how the message

It's frightening how an individual can be murdered just for being himself. As a gay man, how is it that I'm destined to suffer? Do I deserve to die? Do I deserve this more than those right wing extremist scums or those old hags that ask for normality in the name of God? Do I have to bow down and respect the morals and values of those that get lost in their own stupidity and filthy existence and find joy in violent behaviour or hate crimes? Au contraire mon ami. Au contraire.

-gaymacabre.



THE HARDCORE HELP FOUNDATION

"Hardcore is more than Mosh

It's about Friendship, Loyalty & helping each other out, when you're in a bad situation.

That's why The Hardcore Help Foundation was put in place.

The HHF is a collaboration of friends and volunteers from all over the world to support (hardcore) kids and people who need serious help. We are collecting merch on hardcore shows and accept donations. We also have some own merch in our onlineshop for sale. All profit goes to people worldwide who need help.

The Hardcore Help Foundation is a non profit project and part of an registered social association, Die Flotte e.V. in Bochum (Germany). A social club that helps people."

Hardcore Help Foundation is a non-profit organization ran by members of the Hardcore/Punk community. It's goal is to aide disaster victims and to help people in need all over the world. We collect merch on Hardcore shows and accept donations.



WWW.HARDCORE-HELP.COM



LIVING IN AN ELEVATOR

I recently became vegan, after way too many years of ignorance. I can't find any possible excuse to my attitude for all this time and I regret every second spent on thinking about going vegan instead just doing it. In the previous issue of Leave Me Alone, I made a short article on eating fish using a fragment from the book "Eating Animals" by Jonathan Safran Foer. I will continue to present you another fragment on laying hens. Most of you probably already know that for this industry there are two kinds of birds: broiler chicken (those for meat) and laying hens (useless for the meat industry). Besides the fact that eggs come from another animal's asshole, they stink like fucking hell and have such a disgusting texture in every kind of way, hens are raised in unimaginable ways, so that some get profit out of their asses. I will let you read the following paragraph of the book to see for yourself.

" BATTERY CAGE

Is it anthropomorphism to try to imagine yourself into a farmed animal's cage? Is it

anthropodenial not to? The typical cage for egg-laying hens allows each sixty-seven square inches of floor space — somewhere between the size of this page and a sheet of printer paper. Such cages are stacked between three and nine tiers high — Japan has the world's highest battery cage unit, with cages stacked eighteen tiers high — in windowless sheds. Step your mind into a crowded elevator, an elevator so crowded you cannot turn around without bumping into (and aggravating) your neighbor. The elevator is so crowded you are often held aloft. This is a kind of blessing, as the slanted floor is made of wire, which cuts into your feet. After some time, those in the elevator will lose their ability to work in the interest of the group. Some will become violent; others will go mad. A few, deprived of food and hope, will become cannibalistic. There is no respite, no relief. No elevator repairman is coming. The doors will open once, at the end of your life, for your journey to the only place worse (see: PROCESSING). "

Well, this is all, I can't see what else I could say about this issue, there is no better way to portray this MADNESS.

FLUFF FEST 2011 *report*



So we went back to Fluff Fest this year. I admit it, ever since we went there for the first time in 2010, I've been really looking forward to get back. The line-up was really solid, like always. Most of the bands that toured Europe this summer were there. No big changes since last year, except the layout of the fest was a bit different and the tent was smaller (which really sucked as it was always full and had no way of getting in if you weren't on time). One good thing

was the "no camping on stage" rule. Basically it meant that photographers weren't occupying half the stage. The major problem was a part of the crowd. I get that hardcore shows are intense, but why the fuck are some people so violent?! Stage diving feet first, macho dancing and the regular bullshit was all there.

The bands were great and even though I saw most of them I'm just going to write about the ones that really impressed me, not because I didn't like the rest, but because they were just so many. The first day was insane. Hopeless from Australia opened the fest and I was really looking forward to see them. The show was kinda odd though. Maybe it was because they were the first band and they played around 2 pm. I was really excited about seeing Death Is Not Glamorous and Touche Amore again, who were actually touring together. And they did not disappoint. I've never seen a band play with so much enthusiasm like Death Is Not Glamorous. The singer was all over the stage and you could read the excitement on all band members' faces. Touche Amore lived up to the hype. They truly are one of the best bands in hardcore right now.

I took a short break from the big stage to see All Teeth. Before this I didn't pay that much attention to them, the main reason why I went to see them was a friend wanted to. They were amazing. The show was so intense and since then I've been listening to them constantly.

The last band was La Dispute. I really like La Dispute. Most may say that they're too whiny, but if you give them a chance they'll get to you.

It was probably my favorite part of Fluff,

maybe because the show wasn't so physical. I must say at times I enjoy just singing along to the band, and yes, I know most of their lyrics.

The second day started way too early. At about 12 am, I think. We got to see Punch and Dangers again which were great as always. They were probably the highlight for me for the day, then Battle of Wolf 365 and Victims. Victims really pack a punch, such a powerful band.

On the last day I finally got to see Black Breath. As the singer of Victims put it, "that band is a fucking monster". They are immense. You have to see them live to know exactly what I mean. Raein was also very good, so much passion and pain from a band that has seen its share of life. The last band was Ceremony. I was looking forward to see them again, but I didn't enjoy the show that much. It was fucking crazy, and not in a good way. It was way too violent for my tastes.

So that's basically it. I'm sure I've forgot to mention a lot of bands I really enjoy but as I said before, it's just too much sometimes. Can't wait to get back there.



MASS MEDIA VS THE PEOPLE

PART 2



Where I live, I have a crappy internet connection, no newspaper ever slips casually into my post thingie, and of course no tv/cable tv. The only news I read are those I choose to read. Therefore, in the last few months, I've been very selective, because of the basic self-preservation instinct. Due to the world we live in, I tend to feel depressed by my own, acknowledging the things that I already know, so watching some news, usually only makes me feel worse, and therefore, I sometimes live in ignorance. During this summer, I've spent a week hanging out at a friend's house. He had that "wild" cable tv so, as expected I spent hours watching tv, just to see what's up with this world through a "normal" person's eyes. It was then when I received a huge slap from reality. I was tormented and there were nights I couldn't fall asleep. It's interesting that I can't really remember what exactly bothered me that much. I guess, it was the whole thing, not necessary a specific thing I've seen. Here, in Romania, there is a set of news which are on one tv channel, they are called "the 5 o'clock news". As the name implies, they are shown every day at 5 pm. The different thing about these news is that, most of the stuff showed are deeply disturbing because of the violent nature of the incidents shown.

You see long life friends killing each other because they were drunk and having an argument, you see old (I mean really OLD!) women being raped by a village guy, teenagers being beaten like hell because they tried to steal some corn (by some corn I mean, a few pieces. It's quite common here that kids go into gardens to "steal" fruits, or corn), you see gangs fighting until someone is killed and no one really knows for what reason, or people being killed at the village disco. This is why I hide myself from the cruel reality. It is shocking and depressing. It seems that this kind of stuff happens on a daily basis in Romania and I do believe that people are not really aware of the horrifying reality they live in. The fact that those news bulletins are presented on such a daily basis in such familiar background, day by day, year after year, people got used to it. They don't really see that this shit is faked up and not normal. Actually nobody cares anymore. How can a news channel show this stuff on tv without any emotion, without being pissed as hell, without being scared? I am sure terrified about this reality they show me. How can a tv channel pay more attention to celebrities doing stuff than this horrifying stuff that is going on in our own back yard? I mean, yes, Steve Jobs died, ok. Found out about it, don't really care, but really? Do I have to see this on the front page of websites day after day? I am glad you guys are excited about your gadgets, they are pretty cool, but the world is burning.

Yes, the world is burning! There are millions of people who are going out in the street claiming their rights and shouting at the corporations, but still, somehow, other stuff are more important for the news right now. Ok, not necessary, but they have this weird twisted minds and they work for different influential people and get their money from these guys so, the news are presented in such a way that whole story is still unknown for the masses. Ok, while presenting an incident, a journalist has to stay uninvolved and his/hers opinion is not allowed to reach the surface. I can understand this, it looks like it's the best way, so that the public can make it's own opinion on what is going on. Mostly, this rule is respected, but the images shown, the videos are mounted and the words are said in such a way that when it reaches our ears and our brain processes it, we have this weird idea that we understand what is going on.



And then, most of the people busy living their life stop thinking about it and a vague idea of what is going on is in his head, forgotten, never questioned. This is actually common behaviour for us, the public. There have been studies that gave names to these effects of mass media. I will tell you a little about some of those effects now, i will continue with others in a different issue of this zine.

First, I will tell you about the "Hegemony effect". This effect says that during calm periods (economic and social stability, not our times) the dominant classes of the world will impose their power not through repression, but through persuasive ways on a cultural background. And so, using the educational system and mass media, they will impose their ideologies as universal truths (common sense). These truths are shoved up our minds, and so, we accept them as common sense. No questioning, no nothing.

I would say that religion is shoved up our minds the same way, also nationalism has it's roots in these universal truths. Mass media is the tool of these dominant classes helping imposing these "facts" and notions on our reality, being constantly and all so naturally presented to us, that we don't even start questioning it.

Now, for another little bit of information: "Hypodermic needle model" or "Magic Bullet". These theories are really easy to understand as the names truly reflect the concept. The Magic Bullet theory assumes that the bullet is the information shot from the "mass media gun" into the public's "head". It's as simple as this. I don't really feel that I have to say more about this. It's true, and as i said in the paragraphs before, this is the way people act while watching tv/reading a newspaper or so on. Never stop questioning! In our days we have such a big flow of information, we have internet! We can search and find out what we want within seconds. Never forget this, please. I know life is hard as it is, but please don't fall into ignorance. Not all you read see is truly documented and not necessary true.

Last, but not least: "The Spiral of silence" – this theory tells us that a person who doesn't find it's opinion in the mass media is not likely to voice it's thoughts on a topic, in fear of being isolated from the majority. Because the mass media should be considered the voice of the majority, many people could feel awkward and strange while not having the same point of view on a subject as the journalists. These people tend not to show their ideas, in fear of being wrong and then rejected by the others. Well, i bet most of us have our own opinions already about what's going on and these ideas are not as the ones found in the messages sent by the media. We are all different, we all have different opinions, and that is just perfect!



CRASH SCOW OR GO

METH DRINKER



Not a stoner band as their name might imply. This guys are really pissed off! The first time I heard them I thought- "Why are this guys so pissed? They're from New Zealand." (which for me means: antinuclear country, where environmental protection is a top priority and other nice stuff- I just realized I know next to nothing about NZ). Anyway, if you're into sludge/doom in the veins of Noothgrush and Grief take a listen. <http://methdrinker.bandcamp.com/>

Not your puke-your-guts-out kind of sludge. The vocals are sung, and the guitars switch from melodic, clean fingerpicking style to heavy as hell powerchords in an instant (listen to The Boy With Bosoms). Their influences range from The Melvins, through Earth to Leonard Cohen (they even play a cover) – not surprising as Joe Preston (Earth, Melvins, High On Fire, Sun O))), Thrones) plays bass.

<http://www.myspace.com/harveymilk>

HARVEY MILK



SUBROSA



I've been obsessively listening to this band for the last couple of months. They don't fit easily in any subgenre. What makes them stand out is their use of violins and melodic female vocals with quite catchy lyrics (We're in the shadows of a dying world- shit! I got this line stuck in my head again) to create a heavy yet melancholic kind of feel to their music. Thumbs up for the a cappella song, House Carpenter on "No Help For The Mighty One" (Profound Lore Records, 2011)

www.myspace.com/subrosatheatre

The Kodiak bear (*Ursus arctos middendorffi*), also known as the Kodiak brown bear or the Alaskan grizzly bear or American brown bear, occupies the islands of the Kodiak Archipelago in South-Western Alaska. Its name in the Alutiiq language is Taquka-aq. It is the largest subspecies of brown bear. Now you know.

The band Kodiak comes from Germany though, delivering a painfully slow (they had a stopwatch on stage) drone/doom with bits of melodic post-metal-ish interludes. If you're into old Earth, Khanate etc you'd probably like it. Their live show seemed a lot more heavy than their records- blew my chest cavity away!!!

<http://denovali.com/kodiak/>

KODIAK



In the last few years things seem to be moving in the Brasov area. The guys from Play or Die have been putting on shows pretty constantly and now they decided to step it up a little with a new DIY record label. Here's what they had to say about it:

"Fading Halo Records is a DIY record label from Brasov, Romania. We started it because both our bands were having releases at the same time and we needed to promote them somehow. While we are also selling CDs at shows and by mail, we've always wanted our music to be available as free downloads, so our main concern is promoting it online. Our goal is to have people try our music. We know it's not for everybody so it's fine if only a small number within the scene like our stuff, but it's important that we reach those who would like it.

Right now we're in the process of writing emails to blogs and zines, hoping people will give our stuff a try.

If we feel that we are successful at promoting our releases, we're going to try to get involved with more bands in the future. We like all kinds of hardcore and metal so as long as the people are cool and it has passion, we'd love to help spread the word.

DIY hardcore is really important to us, so if someone just wants to use the DIY scene and what we do as a stepping stone to big record deals, we don't want to have anything to do with that. Also, while we are not only interested in radical/anarchist music, we will never support discrimination or any of the hateful ideas that have become part of the metal/hardcore scene."



www.fadinghalorecords.com

fading halo **RECORDS**

You can download their first 2 releases for free. If you are into grind/math stuff you should definitely check them out.

Here's the bandcamp links, but you can also download from the official website:

COINS AS PORTRAITS - Form and structure. Storm and fracture.



coinsasportraits.bandcamp.com

I STARED INTO THE FOREST - Society Discontinued



istaredintotheforest.bandcamp.com

DIY FANNY PACK

YOU WILL NEED:

OLD T-SHIRT

2-3 DIFFERENT COLORS FABRICS

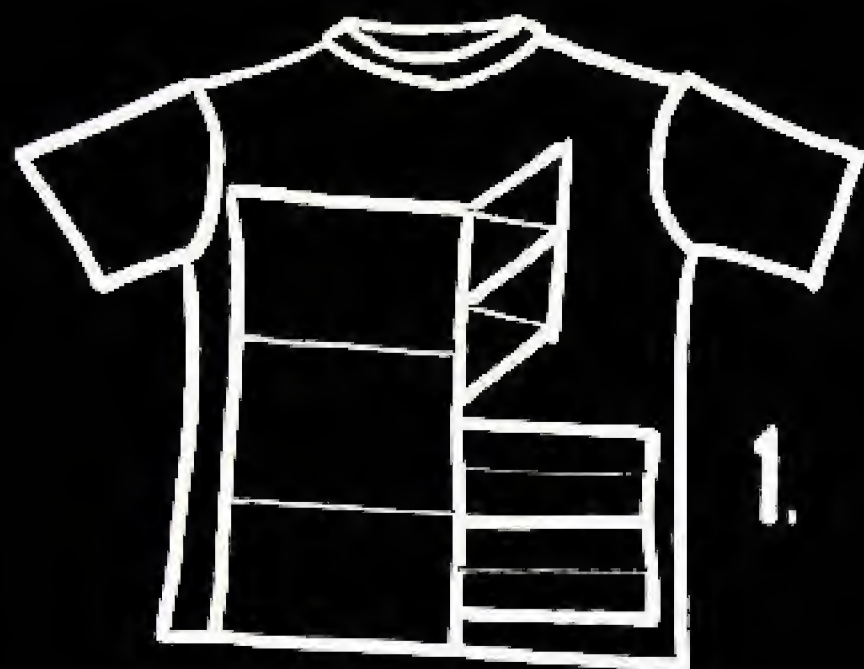
NEEDLE AND THREAD + SEWING MACHINE

SCISSORS

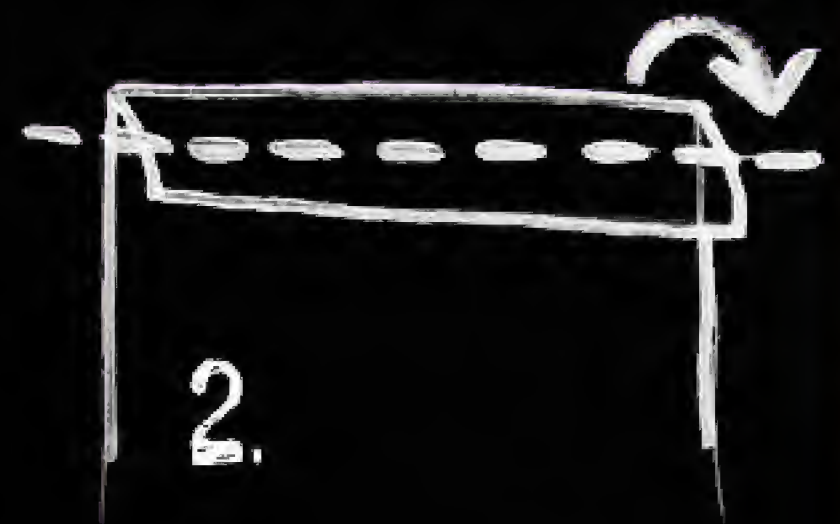
CHALK OR A BAR OF SOAP



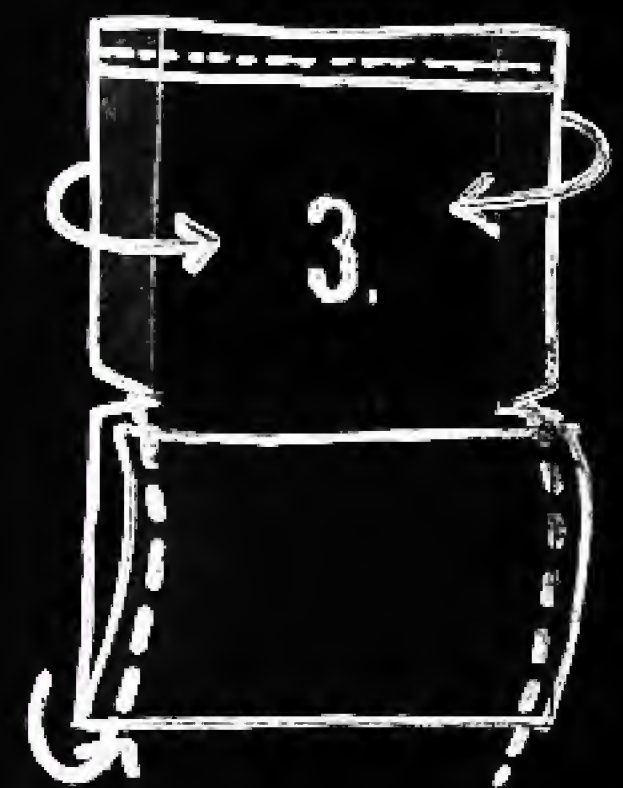
1. Use the chalk(soap) to draw a 47x22 rectangle on the shirt, two rhombuses of 7x7, two rectangles of 15x5. Cut them. (picture 1)



2. Take the big rectangle, fold 1 cm of its two smaller edges and sew over it (picture 2). Draw two lines on the rectangle, so you will have 3 equal parts. Fold the bottom third of your rectangle over the middle third and sew it on the edges. The top third: cut a small 1 cm line from the edge. Fold that and sew over it (picture 3). You do this so the fabric doesn't shred.



3. Turn the bag inside out and sew over the all 4 corners, so its kind of shaped like a cat's head (picture 4).



4. Take the rhombuses, fold them in two, and sew on only one edge, so you can turn them inside out (picture 5).

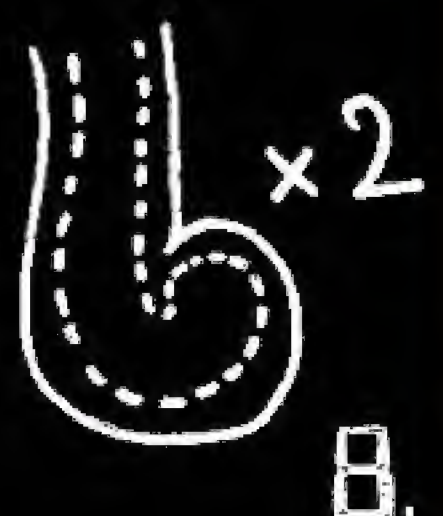


5. Take the other two smaller rectangles, fold them in two, sew one edge, so it will be like a tube, and turn them inside out (picture 6). Fold them.



6. Take the 2 tubes you have just sewed, and the cat ears. Place them on the back of the bag, and sew them all together (picture 7).

7. Take a fabric of another color and draw the shape of the eyes and the nose. Take a lighter and burn a little the edges so the fabric doesn't shred. Sew them by hand on the bag. For the tail draw two shapes, sew them together, except the top, and turn it inside out (picture 8). Sew it on the back of the bag.



8. Put a belt through the 2 tubes behind the cat's ears.

GOOD LUCK!



RECIPIES!

TOMATO KEFTEDES

4 servings

Ingredients:

- 500gr fresh ripe tomatoes
- 1 finely chopped onion
- 150gr white flour
- 40gr chopped fresh parsley
- a tsp oregano
- salt & pepper
- 20 ml olive oil

I was desperate to try to cook something new. With the limited funds and limited variety of vegetables available in my area this isn't such an easy task. Sooooo...i made tomatokeftedes with stuffed kapia. It's really easy to make and also cheaper than expected.

How to:

- First, you have to boil some whater, when it's boiling, turn the heat off. Put in the tomatoes and leave for about 10 mins. Now, you will be able to peel the tomatoes VERY easy. Dice them and put them in a bowl and mash them. (you could use a food processor as well). Now you have the tomato puree. Add the rest of the ingredients and stirr well. You have the batter! It's not thick, it's actually a bit runny.
- Put olive oil in a frying pan and with a tablespoon put the batter and fry until red-brownish.

STUFFED KAPIA

2 servings

Ingredients:

- 2 big kapia peppers
- 166,6 gr smoked firm tofu
- 6-8 tbs mustard (sweet?)
- handfull of nutritional yeast
- herbs: Rosemarie & summer savoy
- olive oil
- salt

How to:

- First, you have to make a sauce with the mustard and herbs. Now, dice the tofu and mix it with the sauce previously made. Mix it very well, until every piece of tofu is fully covered in the sauce. Add salt!!
- Wash the kapia peppers and cut them in half on their lenght. Remove the seeds and stuff them with the tofu mix.
- In an oven tray, put about ¼ mug of water (62,5 ml) and 2-3 tbsp of olive oil. Put the peppers in the tray and sprinkle some nutritonal yeast and a pinch of salt over each one). Finally, put the tray in the preheated oven(somewhere around 200 C) for 10-15 mins.





And in the past was the last
When they were seen dancing in the grass
They were climbing trees and getting stung by the bees
Colorful was the land and dirt was on their hands
But then the engine was made and the colours started to fade
The machine was done and the colours were gone
They came, they cut, they killed, they drain
All that was left was a big grey stain
We're sad as we remember the past
We're sad as we see the earth cut open for his blood
But he has come to rise our heads and fists and attack
We shall make everything back
Only when our molotovs will drop this technological hell will stop

I.



International Day Against Fascism and Antisemitism

QUARTIER LIBRE

ska punk oil - sedan.FR

SCHLITZ

pop punk - cluj

STUCK IN A RUT

hardcore punk - cluj

**MIERCURI 9 NOIEMBRIE
FLYING CIRCUS PUB
ORA 21.00 - 5 RON**

+ PROIECTIE:

**"HARDCORE IS MORE THAN MUSIC"
& afterparty DJ POLIGLOT**

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CRISIS IS BUSINESS

Economic crises are not natural disasters. They are brought about by the actions of bankers, officials, and developers, not to mention ordinary folks struggling to get by in a world we didn't choose. They appear beyond our control, but they are not inescapable facts of life.

For all the talk of collapse, capitalism itself is as healthy as ever. The fundamental relationships remain unchanged: employers and employees, politicians and voters, police and policed. Our masters may loan us cars or houses to pacify us, but we still lack control over our own lives.

Crises like this are part of the protection racket that keeps them in business. They profit on the industries that heat up the earth's atmosphere, and when hurricanes destroy our neighborhoods they replace them with condominiums and sell us energy-saving light bulbs. They profit on the invasions that secure more resources for the economy, and also on the occupations in which our friends and relatives die. They profited from the subprime mortgages that contributed to the latest disaster, and now they're profiting from the bailout.

Imagine another kind of crisis, one that could really pose a threat to their precious market: neighbors defending each other from eviction, workers seizing the goods they need, people building communities based on cooperation and self-determination. Imagine a world in which we'd never be vulnerable to the whims of the market again.

As far as we're concerned, it can't come soon enough.



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